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KEY:	AIM	Artistry in Motion	Figures	School Figures
	LTS	Learn to Skate	I	Intermediate
	FS	Solo Freestyle	N	Novice
	P	Pairs	J	Junior
	STD	Standard Track	S	Senior

## Adult Skating Options at a Glance:

1. AN ADULT SKATER MAY CHOOSE TO MASTER AND TEST ANY OF THE CATEGORIES BELOW.
2. BASIC LTS, ADULT LTS AND FS 1-6 ARE JUDGED BY THE COACH.
3. ADULT MIF, FS/P, STD FS/P, DANCE AND FIGURES ARE JUDGED BY A PANEL OF JUDGES.
4. MIF TESTS MUST BE TAKEN AS A PREREQUISITE TO SOLO FREESKATE OR PAIRS TESTS AND ADULT COMPETITIVE SYNCHRO STRUCTURE.
5. \* ADULT DANCE IS SHOWN WITH ADULT PASSING AVERAGES. ADULTS MAY TAKE STANDARD TRACK DANCE WITH A HIGHER PASSING AVERAGE (see USFS rulebook.)  
OR, IF 50 YEARS, OR OLDER, CHOOSE TO PURSUE THE MASTER DANCE TRACK WITH A LOWER PASSING AVERAGE (see USFS rulebook.)
6. ADULTS MAY ELECT TO TEST DANCE SOLO, BUT IT IS NOT MANDATORY. INTERNATIONAL DANCES ARE ONLY TESTED WITH A PARTNER.
7. \* ADULT SYNCHRO TEST PREREQUISITES INCLUDE THE PRELIMINARY AND BRONZE MIF TESTS.

JUDGE	SCORE	STD LTS FS	ADULT LTS FS	LTS DANCE	LTS SYNCHRO	LTS PAIRS	LTS AIM
COACH	P/F	BASIC 1		DANCE 1	SYNCHRO 1	PAIRS 1	AIM 1
COACH	P/F	BASIC 2	ADULT 1	DANCE 2	SYNCHRO 2	PAIRS 2	AIM 2
COACH	P/F	BASIC 3		DANCE 3	SYNCHRO 3	PAIRS 3	AIM 3
COACH	P/F	BASIC 4	ADULT 2	DANCE 4	SYNCHRO 4	PAIRS 4	AIM 4
COACH	P/F	BASIC 5		DANCE 5		PAIRS 5	
COACH	P/F	BASIC 6	ADULT 3	DANCE 6		PAIRS 6	
COACH	P/F	BASIC 7					
COACH	P/F	BASIC 8	ADULT 4	<b>Note:</b> Although LTS Dance, Synchro, Pair, and AIM are offered in the USFS "Basic Skills Program" booklet, they may not be offered at your rink. Please check with your rink, skating director, or home club to see if it is offered and to request it if you wish to pursue these LTS programs.			
COACH	P/F	FS 1	FS 1				
COACH	P/F	FS 2	FS 2				
COACH	P/F	FS 3	FS 3				
COACH	P/F	FS 4	FS 4				
COACH	P/F	FS 5	FS 5				
COACH	P/F	FS 6	FS 6				

		<u>ADULTES/P</u>	<u>STD ES/P</u>	* STD, ADULT, SOLO, MASTER, <u>DANCE</u>	<u>ADULT MIF</u>	<u>STD MIF</u>	<u>ADULT</u> <u>FIGURES</u>	<u>STD</u> <u>FIGURES</u>
PANEL	P/F	PRE BRONZE	PRE PRELIM	PRELIMINARY	PRE BRONZE	PRE PRELIM	BRONZE	PRELIMINARY
PANEL	2.4			PRE BRONZE				
PANEL	2.5	BRONZE	PRELIM.		BRONZE	PRELIM.		
PANEL	2.6			BRONZE				
PANEL	2.7	SILVER	PRE JUV		SILVER	PRE JUV		1ST FIGURE
PANEL	2.8			PRE- SILVER				
PANEL	3.0	GOLD	JUVENILE		GOLD	JUVENILE	SILVER	2ND FIGURE
PANEL	3.2	(MASTERS/I)	INTERMEDIATE	SILVER		INTERMEDIATE		3RD FIGURE
PANEL	3.5	(MASTERS/N)	NOVICE			NOVICE	GOLD	4TH FIGURE
PANEL	3.7			PRE-GOLD				5TH FIGURE
PANEL	4.0	(MASTERS/J)	JUNIOR			JUNIOR		6TH FIGURE
PANEL	4.2			GOLD				7TH FIGURE
PANEL	4.5	(MASTERS/S)	SENIOR	INTERNATIONAL		SENIOR		8TH FIGURE
				(no Solo for International)				

			* STD, ADULT, MASTER <u>FREE DANCE</u>	<u>ADULT</u> <u>SYNCHRO</u>	THEATRE <u>ON ICE</u>	<u>NATIONAL</u> <u>SHOWCASE</u>	<u>COLLEGIATE</u>
PANEL	3		JUVENILE	ADULT:	INTRODUCTORY	PRELIMINARY	
PANEL	3.2		INTERMEDIATE	*(EQUIVALENT MIF, FS, DANCE TESTS REQ)	ADULT	PRE JUVENILE	(*Designed for the you adult skater 21-28 year age.)
PANEL	3.5		NOVICE		NOVICE	JUVENILE	
PANEL	4.0		JUNIOR		JUNIOR	TEEN	
PANEL	4.5		SENIOR	ADULT OPEN: (NO TEST REQ)	SENIOR	INTERMEDIATE	
PANEL	P/F		ADULT PRE-BRONZE			YOUNG ADULT	
PANEL	2.6		ADULT BRONZE			NOVICE	
PANEL	3.2		ADULT SILVER	ADULT MASTERS: (NO TEST REQ)		JUNIOR	
PANEL	4.2		ADULT GOLD			SENIOR	

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